



Dementia Resource Guide

Door County Medical Center – Memory Care Services

Information and Support for Those with Dementia and Care Partners



**Door County
Medical Center**

IN PARTNERSHIP WITH HOSPITAL SISTERS HEALTH SYSTEM

Please Contact

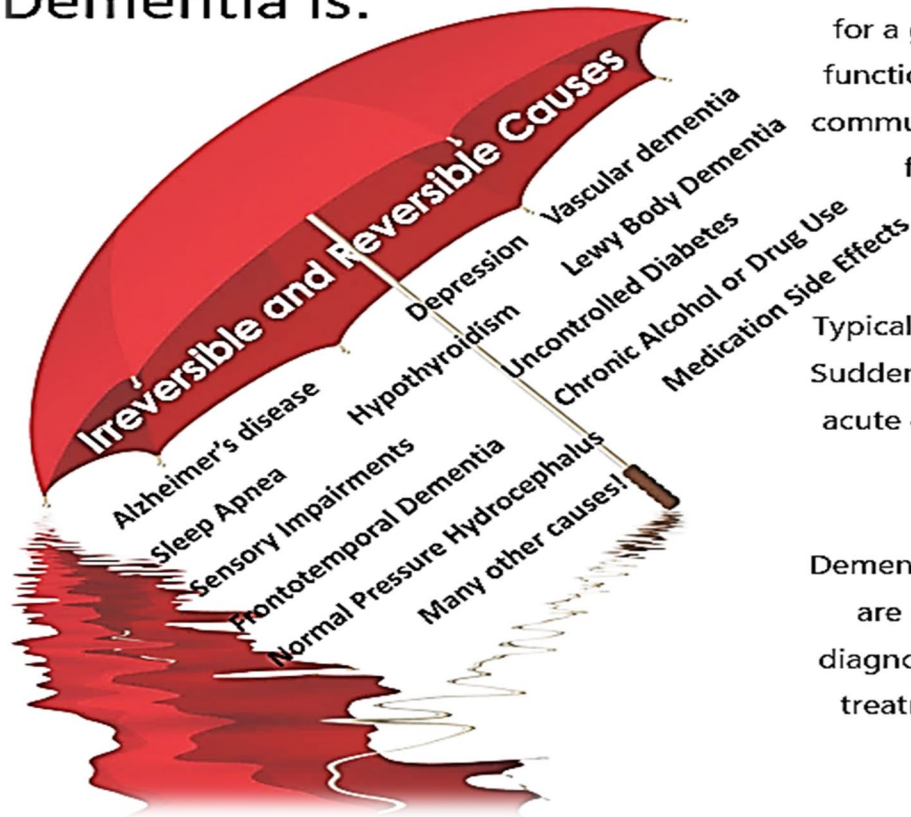
Christy Wisniewski, Outreach Specialist with any Updates or Questions

(920) 746-3504 | Christine.Wisniewski@dcmedical.org | www.dcmedical.org

Contents

Getting a Diagnosis.....	3
Living Well with Dementia	3
Activities.....	4
Adaptive Equipment.....	4
Behaviors.....	5
Brain Health and Prevention:.....	5
Care Planning	5
Caregiver Support Programs	6
Driving Concerns	6
24/7 Helplines	6
Home Care Options	7
Respite Care	7
Adult Day Respite Services.....	7
Hospice and Palliative Care.....	7
Kids and Dementia	7
Legal & Financial Planning.....	8
Power of Attorney.....	8
Guardianship.....	8
Memory Screenings.....	9
Memory Clinics.....	9
Nutrition.....	9
Research and Clinical Trials.....	9
Support Groups	9
Supported Living Options.....	10
Assisted Living.....	10
Skilled Nursing Facilities.....	11
Transportation.....	11
Websites.....	11
Notes	12

Dementia is:



Not a disease, but an “umbrella” term for a group of impaired cognitive functions, such as remembering or communicating, that affect ability to function well *every day*.

Typically changes happen gradually. Sudden changes may be result of an acute condition like an infection or injury.

Dementia symptoms and treatments are unique to the cause. Early diagnosis allows for best options in treatment and ongoing support.

Getting a Diagnosis

Talk with your doctor when you have concerns about your memory but aren't quite sure if it is a normal part of aging or something else. You can also get a free Memory Screen at Door County Medical Center's Memory Clinic: <https://www.dcmmedical.org/medical-services/memory-care> or call (920) 746-3504.

The Memory Clinic is a member of a network of clinics statewide under the guidance of the Wisconsin Alzheimer's Institute. You can find a dementia diagnostic clinic at <https://wai.wisc.edu/memory-clinic-network-list/>

The Aging & Disability Resource Center also offers free memory screening, plus information and assistance for people with memory concerns and care partners. Call (920) 746-2372 to schedule an appointment.

Living Well with Dementia

There are resources and support for people who have dementia, as well as their care partners.

Educate Yourself

The next pages list resources to address the needs that can arise with a dementia-related diagnosis. You are not alone! For 1:1 guidance, you can contact:

Door County Medical Center-Memory Care Services:
(920) 746-3504

ADRC of Door County – Dementia Specialist:
(920) 743-2372.

Alzheimer's Association 24/7 Helpline: (800) 272-3900

Activities

The **Alzheimer's Association** offers ideas for activities, which ones to choose, and how to provide most meaningful, enjoyable activities: <https://www.alz.org/help-support/caregiving/daily-care/activities>. They also offer online chat forums so caregivers can share what works and what doesn't work.

The **Memory Café** at the ADRC of Door County is a social gathering where no one worries about memory blunders as they laugh and learn a little. Contact **Sierra Wiczak** at (920) 746-2372 for details.

Sunflower Cottage: Call (920) 818-1452 or find more information at <https://www.sunshineresources.org/our-services/sunflower-cottage-senior-care/> Sunflower Cottage provides meaningful and purposeful activities for people who have dementia.

Alzheimer's Store: www.alzstore.com offers activities for purchase as well as adapted equipment, books, and education.

Best Alzheimer's Products: <https://best-alzheimers-products.com> Ideas and suggestions geared to stages of dementia.

Adaptive Equipment

Adaptive equipment is any type of device that helps someone maintain independence with activities of daily living and continue doing other activities that improve quality of life.

Neighbor-to-Neighbor Loan Closet: call (920) 743-7800 or get more details at <https://neighbor-to-neighbor.org/medical-quipment/> to borrow medical equipment, ranging from hospital beds to handrails, free of charge.

Options for Independent Living: call (920) 490-0500 or <http://optionsil.org/> to learn about adaptive equipment and technologies that can be demonstrated in your home or at their showroom. Free home consultation with an Occupational Therapist who can also education on options for funding, information and assistance, and advocacy.

Door County Medical Center – Home Safety Visit

Facilitated by an Occupational Therapist who goes through the individual's daily routine and provides strategies and recommendations for support and safety in effort to maintain independence. Call Outreach Specialist Christy Wisniewski (920) 746-3504 for more information.

Door County Medical Center – LifeAssist: Call (920) 746-3578 or get more detail at

<https://www.dcmcdical.org/medical-services/life-assist> to learn about emergency response systems that can detect a fall in your home or outside of the home.

Medication organizers and dispensers: can be beneficial for anyone worried about forgetting medications. There are options ranging from compartmentalized boxes, to prepackaged medications, to automated dispensers.

- The **ADRC of Door County** has medication dispensers available for clients to use; call (920) 746-2372.
- There are several **automated, mailed, prepackaged** reminders that can be found online, such as Pillpack, Medisafe, or Carezone.
- Also online are **automated dispensing machines** that can be programmed to dispense the pill at the time to be taken, such as ePill, MedaCube, and Hero Medication Dispenser.

Alzheimer's Store: www.alzstore.com offers activities for purchase as well as adapted equipment, books, and education.

Best Alzheimer's Products: <https://best-alzheimers-products.com> Ideas and suggestions geared to stages of dementia.

Smart Tracker Tags are small, quarter sized devices that can be placed in a wallet or on keys. If looking for the item it can be tracked down by looking at the Bluetooth enabled device (like a smartphone) that the tag has been paired with. Some examples:

Tile Tracker

Apple Airtag

Samsung Galaxy SmartTag

No device or system can guarantee that an object will be found with compete accuracy. A person with dementia must consent to any device or system.

Behaviors

Dementia often robs a person of their ability to communicate what they need, and that need may be expressed through a behavior. While behaviors can be challenging, when we seek to understand we can reduce the incidence and improve everyone's wellbeing.

You can call the following providers to brainstorm behaviors and come up with strategies:

Door County Medical Center-Memory Care: Christy Wisniewski (920) 746-3504

ADRC of Door County-Dementia Specialist: Sierra Witczak (920) 746-2372

Alzheimer's Association 24/7 Helpline: (800) 272-3900.

Additionally, there are online resources that can assist in brainstorming specific behaviors:

UCSF Behavior & Personality Changes-DICE method:
<https://memory.ucsf.edu/caregiving-support/behavior-personality-changes>

UCLA Health Caregiver Training Videos:
<https://www.uclahealth.org/dementia/caregiver-education-videos>

Alzheimer's Association Stages & Behaviors:
<https://www.alz.org/help-support/caregiving/stages-behaviors>

Brain Health and Prevention

Door County Medical Center Memory Care Services – Classes and Events: <https://www.dcmmedical.org/classes-and-events> or call (920) 746-3504 to learn more about

- M.i.N.D. Brain Exercise workshop
- Virtual Dementia Tour
- Powerful Tools for Caregivers Workshop

ADRC of Door County:
<https://www.adrcdoorcounty.org/health-wellness/> or call (920) 746-2372.

The ADRC offers an array of educational and community outreach programs focusing on health promotion, prevention and support, including:

- Be! Brain Enrichment
- Living Well with Chronic Conditions

- Powerful Tools for Caregivers
- Stepping on Falls Prevention
- Aging Mastery Program

Alzheimer's Association: Living Well with MCI and Early Dementia:

https://www.alz.org/media/mnnd/documents/18_alz_living_well_booklet.pdf A comprehensive workbook with educational topics, activity recommendations, and goal setting activities to keep your brain strong.

Alzheimer's Association – Wisconsin

<https://www.alz.org/wi>
Offers online and in person educational opportunities for individuals with dementia, family members and caregivers, professionals and concerned community members. For more virtual options also look at <https://training.alz.org>.

Care Planning

Creating a care plan for future planning is an opportunity to take charge of your future, a gift to family and care partners, and can be utilized for someone to step in, as seamlessly as possible, when emergencies happen. The guides below will identify areas for planning. For 1:1 guidance, you can always call:

Door County Medical Center-Memory Care Services: (920) 746-3504

ADRC of Door County – Information and Assistance Specialists: (920) 746-2352

Alzheimer's Association 24/7 Helpline: (800) 272-3900

Alzheimer's Association Living with Alzheimer's:
<https://www.alz.org/getmedia/da9e2ce1-d73c-437a-be7c-d5761afd06e9/taking-action-workbook>

AARP Long Term Care Guide:
https://assets.aarp.org/www.aarp.org/cs/health/ltc_worksheet.pdf

Agefully: <https://agefully.me/#/> A UW Wisconsin Nursing Program assessment tool to identify strategies in having conversations for future care needs.

The Hartford: The Calm before the Storm: Family Conversations about Disaster Planning, Caregiving, Alzheimer's Disease and Dementia
https://s0.hfdstatic.com/sites/the_hartford/files/cmme-storm.pdf

TRUALTA: <https://wisconsin caregiver.trualta.com/>

A free, online educational tool to help family caregivers learn new skills to support themselves and their loved ones.

Caregiver Support Programs

The following programs provide financial support for daily living assistance. For more information about these and other caregiver support opportunities, contact the Aging & Disability Resource Center to speak with an Information and Assistance Specialist: (920) 746-2372.

Alzheimer's Family Caregiver Support Program (AFCSP):

Funds for AFCSP are made available in each county to assist individuals to purchase services and goods related to caring for someone with Alzheimer's disease or related dementia. Eligibility includes a diagnosis of Alzheimer's disease or related dementia and an annual income of \$48,000 or less.

National Family Caregiver Support Program (NFCSP):

Limited funds available to provide short-term and temporary respite breaks for the family caregiver and supplemental services such as adaptive equipment, home medical supplies, etc.

Driving Concerns

Door County Medical Center's Rehab Services can assist older adults with identifying driving concerns and can provide a variety of information from driver safety programs, resources for getting around without a car, and tools for determining when it is time to stop or limit driving. Call **Door County Medical Center** Outreach Specialist Christy Wisniewski: (920) 746-3504.

Alzheimer's Association

Dementia & Driving Resource Center:

Online resource with vignettes on how to talk about driving, ideas on planning ahead, signs of unsafe driving and information on driving evaluations, www.alz.org/driving

AARP Drivers Safety: An online and telephone resource which includes information on driver safety, a quiz and driver safety programs.

Driver safety information line: (888) 227-7669, <https://www.aarp.org/auto/driver-safety/driving-assessment/>

Fitness to Drive: a web-based tool for caregivers and/or family members of older drivers to identify at-risk older drivers, <http://fitnesstodrive.phhp.ufl.edu>

At the Crossroads: Family Conversations about Alzheimer's disease, Dementia and Driving. The Hartford Publications

Available at https://s0.hfdstatic.com/sites/the_hartford/files/at-the-crossroads-2012.pdf

Wisconsin Department of Transportation, Division of Motor Vehicles (DMV) Sturgeon Bay

<https://trust.dot.state.wi.us/cscfinder/cityCountySearch.do?city=Sturgeon%20Bay>

Wisconsin Department of Transportation Reporting an Unsafe Driver

<https://wisconsin.gov/Pages/dmv/license-drvs/mdcl-cncrns/citizens.aspx>

24/7 Helplines

Call with concerns about symptoms, brainstorm strategies, and access support by calling one of the following helplines.

Alzheimer's Association 24/7 Helpline:

Services and support available 24/7 and provided by master's level clinicians. 1-800-272-3900

Lewy Line: Information and support from the Lewy Body Dementia Association for individuals impacted by Lewy Body Dementia 1-800-539-9767

The Association for Frontotemporal Degeneration Helpline: Information and support for individuals impacted by a type of Frontotemporal Degeneration. 1-866-507-7222

Home Care Options

Care services provided in the home can be categorized as *medical* and *non-medical* services.

Home health care (*medical*) includes skilled nursing care and therapy services. Medicare often covers these services on a short-term basis.

Non-medical home care (*non-medical*) includes services such as bathing, grooming and hygiene, or can be services like cleaning, laundry, cooking and meal preparation. Medicare does not pay for non-medical home care or personal care (unless it is provided in conjunction with *Medical* home health care) Medical Assistance (Medicaid) will sometimes pay for home care if certain qualifiers are met.

For a complete list of medical in-home services, costs, and other long-term care options contact the ADRC at (920) 746-2372.

Respite Care

Respite care is a term used for short or long-term, planned or unplanned care, provided to support a caregiver by assisting in daily activities such as companionship, errands, or bathing. Respite services can be provided in the home, in a supportive environment, day or night.

For a comprehensive list of agencies that can provide respite care in the home **contact the ADRC of Door County at (920) 746-2372**, or see the ADRC resource guide; https://www.adrcdoorcounty.org/services/resource-guide/#dearflip-df_2208/38/

Adult Day Respite Services

Daytime services offered in a supportive care environment providing companionship, meals, and meaningful activities.

Sunflower Cottage Adult Day Services

Day time respite care support in a private, comforting environment from dementia-trained caregivers for adults <https://www.sunshineresources.org/our-services/sunflower-cottage-senior-care/> or call (920) 818-1452

Hospice and Palliative Care

Hospice care focuses on comfort and dignity at the end of life; it involves care and support services that can be of great benefit to people in the final stages of Alzheimer's

and other dementias and their families. The primary purpose of hospice care is to manage pain and other symptoms during the last six months of life where treatments focus on comfort rather than curing the underlying disease. Hospice is usually covered by Medicare, Medicaid and other private insurances.

Palliative Care is available at any stage or age of a life-limiting illness. A patient does not need to have a terminal prognosis of six months or less to qualify, nor is it required that they stop seeking curative treatment. Palliative Care uses a team approach to improve quality of life by providing pain and symptom (including behaviors in a person living with dementia) management, facilitating communication, assisting with decision making and coordinating care and services available to support the patient within his or her community. Not typically covered by Medicare but sometimes covered by private insurance plans. Contact the agency to inquire about cost and payment options for palliative care services. Both palliative care and hospice care services can be provided in the home or in a facility.

Unity Hospice: call (920) 338-1111 or find more information, including support groups, at <https://unityhospice.org/>

Additionally, **Wisconsincaregiver.org** offers a very comprehensive list of sites and resources on several topics related to advanced dementia and after death support. <https://wisconsincaregiver.org/after-caregiving-resources>

Kids and Dementia

Online resources for children and teens to help learn about Alzheimer's disease:

Alzheimer's Association:

<https://www.alz.org/help-support/resources/kids-teens>

The Association for Frontotemporal Degeneration:

<https://www.theaftd.org/living-withftd/kids-and-teens/>

Safety & Location

The **Alzheimer's Association** offers a home safety checklist and tips: <https://www.alz.org/help-support/caregiving/safety/home-safety>

MediAlert & Safe Return

community alert system

<https://www.alz.org/help-support/caregiving/safety/medialert-with-24-7-wandering-support>

Silver Alert: Silver Alert is a plan to help local law enforcement in the rescue of missing persons who have Alzheimer’s disease or related dementia. Silver Alerts are broadcast to the public on roadways, email and text messages. Learn more at www.wisconsincrimealert.gov

Legal & Financial Planning

Alzheimer’s Association Financial and Legal Planning:

<https://www.alz.org/help-support/caregiving/financial-legal-planning>

Power of Attorney

Information and forms are available at <https://gwaar.org/>

What is a Power of Attorney for Health Care (POA-HC)?

A document that authorizes another person (Called the “agent”, for example a daughter) to make health care decisions for the person executing the document (called the “Principal,” for example a mother), consistent with the terms of the document and based on the wishes of the principal. It can include a statement of wishes regarding future care. It is essential that principals talk to their agents about their wishes. POA-HC forms are available at Door County Medical Center, the Aging & Disability Resource Center, or online at

<https://www.dhs.wisconsin.gov/forms/advdirectives/f00085.pdf> Additional information and the forms can also be found at www.gwaar.org

How does my POA-HC become effective or activated?

For a POA-HC to become activated, the principal must be determined “Incapacitated.” Incapacity is determined by two doctors or one doctor and a licensed psychologist and means an individual are “Unable to receive and evaluate information effectively or to communicate decisions to such an extent that the individual lacks the capacity to manage his or her health care decisions. If an individual remains able to make their own health care decisions, the agent’s authority to make health care decisions is not activated” The certification of incapacity must be attached to the POA-HC document.

What is a Power of Attorney for Finance (POA-F)?

Power of Attorney for Finances is a document that you (the “principal”) complete and sign, naming another individual (the “agent”) to manage your finances. You determine the money you want the agent to have authority over, as well as the authority you want the agent to have. This document does not give your agent the power to make medical, long-term care or other health care decisions for you.

The agent’s authority *takes effect immediately* after you execute the document unless you expressly indicate otherwise. You retain the legal right to handle all your finances as long as you are willing and able. Essentially, you and/or your agent have authority to make decisions about your finances.

If you do not complete a POA-F but later become incapacitated, there may not be anyone with legal authority to make necessary decisions and complete the necessary transactions for you (paying bills, selling real estate, closing bank accounts, filing tax returns, etc.).

Without a POA-HC or POA-F, it may be necessary for your family or others to ask the court to appoint a Guardian of the Person and Guardian of the Estate. This process can be costly, time-consuming, cumbersome, and emotionally draining.

Guardianship

A guardianship of person or estate might be needed for someone who is longer able to make medical and/or financial decisions and does not have any other decision-making directives in place, such as a Power of Attorney for Health care or Power of Attorney for Finances.

Adult Protective Services (APS) can answer specific questions review opportunities for assistance with the guardianship process.

Door County Human Services, Adult Protective Services:
(920) 746-7200

WI Guardianship Support Center

(855) 409-9410 for toll free helpline, or online at <https://gwaar.org/guardianship-resources>

Memory Screenings

Available free of charge to help identify memory concerns.

Door County Medical Center Memory Care Services

Contact Christy Wisniewski at (920) 746-3504

<https://www.dcmmedical.org/medical-services/memory-care>

ADRC of Door County

Contact Sierra Wiczak at (920) 746-2372

<https://www.adrcdoorcounty.org/services/information-assistance-specialist/>

- **Meal Kit** delivery through online sites, such as Blue Apron, HelloFresh, or Purple Carrot.

Door County Medical Center offers Nutrition and Lifestyle coaching with a Registered Dietician. Learn more at <https://www.dcmmedical.org/medical-services/lifestyle-nutrition-coaching> or to schedule an appointment: (920) 746-0510.

The YMCA of Door County offers nutrition coaching that can reduce risk factors associated with dementia as well as increase MIND-full eating behaviors. Learn more at <https://www.doorcountyyymca.org/programs/nutrition-coaching>.

Memory Clinics

A memory clinic provides multidisciplinary diagnostic services that promote early diagnosis and treatment, as well as support for care partners.

Door County Medical Center Memory Clinic

Clinic Coordinator: Christy Wisniewski (920) 746-504

<https://www.dcmmedical.org/medical-services/memory-care>

Wisconsin Alzheimer's Institute Memory Clinic Network

Over 35 Dementia Diagnostic Clinics affiliated with UW Madison's Wisconsin Alzheimer's Institute. Find a clinic near you:

<https://wai.wisc.edu/memory-clinic-network-list/>

Research and Clinical Trials

Without research and clinical trials there can be no progress in treatment, no prevention, and no cures. Not just individuals with dementia, but those without, as well as families and care partners are needed.

Alzheimer's Disease Research Center University of Wisconsin, Madison

608-263-2582

www.adrc.wisc.edu

Alzheimer's Association

800-272-3900

<http://www.alz.org/research/overview.asp>

Lewy Body Dementia Association

Helps connect individuals with Lewy Body Dementia and Parkinson's Dementia with clinical trials currently recruiting participants.

<https://www.lbda.org/research/>

The Association for Frontotemporal Degeneration

<https://www.theaftd.org/research-clinicaltrials/ways-to-participate/>

Nutrition

The **ADRC of Door County** offers several accessible, affordable options to support nutrition for people who have dementia as well as care partners, including:

- 5 community meal sites
- Hot meal delivery
- Frozen meal pick-up and delivery
- Nutrition assessment and referral

To learn more, call (920) 746-2372.

Additional options for supported nutrition include:

- **Online orders and pick up** at local grocers. Pre-packaged foods, fresh deli, and other groceries can be chosen online at local sites such as Pick 'n Save and Walmart.

Support Groups

Early Dementia Support Group

1st Monday of the month, 1:00-2:00
United Methodist Church, Sturgeon Bay
For People who have memory loss *as well as* caregivers.
Each group meets separately at same time.
Call with questions: (920) 746-3504 or
<https://www.dcmmedical.org/classes-and-events/early-dementia-support-group>

ADRC of Door County Caregiver Support Groups

For more information call (920) 746-2372 or
<https://www.adrcdoorcounty.org/services/family-caregiver-support-program/>

ADRC Sturgeon Bay

1st and 3rd Wednesday of the Month
1:00 p.m. – 2:30

Brussels Community Center

2nd & 4th Tuesday of the Month
1:00 p.m. – 2:30

Sister Bay Library, Community Room

2nd Wednesday of the Month
10:00-11:30

WICHP Fellowship Hall at Trinity Lutheran Church

Washington Island
1st Friday of the Month 11:00 a.m. – 12:30 (920) 847-2108

ADRC Caregiver Connection Facebook Group:

<https://www.facebook.com/groups/DCcaregivers/>

Alzheimer's Association Statewide Virtual/Telephone Support Groups

To register call: 800-272-3900 or <http://www.alz.org/crf>

For Persons Living with Mild

Cognitive Impairment: 2nd
Wednesday of each month, 10:00-
11:30am

General Family Caregivers: Every
other Tuesday, 5:30-7pm

**Family Caregivers for a Loved One
with Dementia Living in a Facility:**

Every Friday, 10-11:30am

Male Family Caregivers: 3rd
Wednesday, 5:30-6:30pm

**Family Caregivers with a Loved one
with Dementia in the Early Stages:** 2nd
Tuesday, 9:30-11am, and the 4th
Tuesday, 10-11:30am

**Family Caregivers with a Loved one
with Frontotemporal Degeneration
(FTD):** 3rd Wednesday, 6-7:30pm

Alzheimer's and Dementia Alliance Statewide Virtual/Telephone Support Groups

Call for more information and to get the call
in/virtual information: 608-661-0463 or
<https://www.alzwisc.org/supportgroups>

**Family Caregivers with a Loved One
with Lewy Body Dementia:** 2nd and 4th
Wednesday, 1:30-3:00pm

**Family Caregivers with a Loved One
with Young Onset Dementia:** 1st and
3rd Monday, 5-6:30pm

Additionally, there are a number of **mental health
therapists and programs** available in Door County.

For a Comprehensive listing, contact Door County Human
Services at (920) 746-7155, or access the listing at
[https://www.co.door.wi.gov/DocumentCenter/View/1156/
Mental-Health-Resource-Guide-May-2020-PDF?bidId=](https://www.co.door.wi.gov/DocumentCenter/View/1156/Mental-Health-Resource-Guide-May-2020-PDF?bidId=)

Supported Living Options

Assisted Living

The **ADRC of Door County** offers a listing of care facilities
that provide different levels of assistance in Door County.
Call (920) 746-2372 to meet with an Information &
Assistance specialist and gather more information about
level of support, cost, and services. Or check out the ADRC
resource guide:

[https://www.adrcdoorcounty.org/services/resource-
guide/#dearflip-df_2208/37/](https://www.adrcdoorcounty.org/services/resource-guide/#dearflip-df_2208/37/)

For more information about the different options and a
comprehensive checklist helpful in research:

<https://www.dhs.wisconsin.gov/publications/p6/p60579.pdf>

The levels of care facilities include:

Residential Care Apartment Complex (RCAC): Serve people
who are more independent and can manage in an
apartment like setting. Services vary by facility but may
include noon meals, light housekeeping,
emergency call system, personal care
assistance, socialization.

Community Based Residential Facility (CBRF): 24-hour supervision; meals; medication monitoring; personal care; and semi-private, private or apartments provided.

Adult Family Homes (AFH): Usually in a home like setting with 2-4 residents and where supervision, room and board is provided. Private and semi-private rooms available. Licensed or certified depending on the number of beds.

Skilled Nursing Facilities

For a comprehensive list that includes the services of the local Skilled Nursing Facilities listed here, contact the ADRC of Door County at (920) 746-2372.

Pete and Jelaine Horton Center Skilled Nursing Facility,
Door County Medical Center
<https://www.dcmmedical.org/medical-services/skilled-nursing-facility>
Call (920) 743-5566

Good Samaritan Society-Scandia Village
<https://www.good-sam.com/locations/scandia-village>
Sister Bay (920) 854-2317

Sturgeon Bay Health Services
<https://www.nshorehc.com/locations/sturgeon-bay-health-services/>
(920) 743-6274

Transportation

Door-Tran
Door County's central hub for transportation options and support.
Call (920) 743-9999 or
<https://door-tran.org/>

Door 2 Door Rides (D2D)
Schedule a ride: (920) 746-6948 or questions at
transportation@co.door.wi.us

Door County Connect
(Formerly ADRC Bus/Van service)
Available Mon-Fri 8:15-4:00, \$2/stop in city or \$5/trip in the extended area.
Schedule a ride: (920) 746-6944
Questions: (920) 746-5982 or transportation@co.door.wi.us

Connector Link
Free fixed route that available every Wednesday in the City of Sturgeon Bay. 4 packages per rider, route deviations can be scheduled.
Call (920) 746-6944 with questions
Access the schedule:
<https://www.doorcountyconnect.com/1052/Connector-Link>

Websites

**Door County Medical Center-
Memory Care Services**
<https://www.dcmmedical.org/medical-services/memory-care>

Alzheimer's Association-Wisconsin Chapter
<https://www.alz.org/wi?set=1>

Alzheimer's & Dementia Alliance of Wisconsin
<http://www.alzwisc.org/>

Wisconsin Alzheimer's Institute
<https://wai.wisc.edu/>

Wisconsin Alzheimer's Disease Research Center
www.adrc.wisc.edu

Vascular and Dementia
<https://www.alz.org/alzheimers-dementia/what-is-dementia/types-of-dementia/vascular-dementia>

Lewy Body Dementia Association
www.lbda.org

The Association for Frontotemporal Degeneration
<https://www.theaftd.org/>

AARP Family Caregiving—Resources and Information
<https://www.aarp.org/caregiving/>

Notes

Please be aware that sites, services, and phone numbers may change after the guide has been printed. Please visit our website- www.dcmmedical.org -for the most current Guide. There you can also contact our Memory Care Services Coordinator to ask questions, provide feedback and updates. Door County Medical Center does not endorse any provider or service outside of the scope of Door County Medical Center’s primary services. It is in best interest to contact multiple providers, review questions, and find a provider that will be a good fit for your current need.